



# Motherless Mothers: How Losing a Mother Shapes the Parent You Become

*Hope Edelman*

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When Hope Edelman, author of the *New York Times* bestseller *Motherless Daughters*, became a parent, she found herself revisiting the loss of her mother in ways she had never anticipated. Now the mother of two young girls, Edelman set out to learn how the loss of a mother to death or abandonment can affect the ways women raise their own children.

In *Motherless Mothers*, Edelman uses her own story as a prism to reveal the unique anxieties and desires that these women experience as they raise their children without the help of a living maternal guide. In an impeccably researched, luminously written book enriched by the voices of the mothers themselves—and filled with practical insight and advice from experienced professionals—she examines their parenting choices, their triumphs, and their fears, and offers motherless mothers the guidance and support they want and need.

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