



Prescription For Nutritional Healing

M.D. James F. Balch, C.N.C. Phyllis A. Balch

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Prescription for Nutritional Healing is the nation's #1 bestselling guide to natural remedies. This edition incorporates the most recent information on a variety of alternative healing and preventive therapies and unveils new science on vitamins, supplements, and herbs. With an A-to-Z reference to illnesses, updates include: ?How omega-3 and exercise may help those suffering from Alzheimer's ?Current information on the latest drug therapies for treating AIDs ?What you need to know about H1N1 virus ?Nutritional information for combating prostate cancer ?Leading research on menopause and bio identical hormones ?And much, much more



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