



Pickle Up Box Set: Simple and Quick Preserving, Fermenting, and Canning Recipes All in One! (SHTF Stockpile Guide)

Samantha Stewart

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Pickle Up Box Set (2 in 1)

Book One: Let's Pickle Up: Simple and Quick Preserving, Fermenting, and Canning Recipes All in One!

Are you upset by the thought that the season of your favorite food is passing? Do you want to enjoy that food throughout the year? Or Are you troubled by the excess of food in your house?

Don't know what to do? Oh, do not nod your head like that, you do know about your next step to eliminate all these worries. You have the solution to all these problems in your hand.

Yes, pickling and preserving will let you relish all the delicious and appetizing flavors whenever you desire. Now you could enjoy the tasty taste of mango, delicious strawberries, inviting juicy tomatoes and what not by this simple method.

There is no doubt that this technique is very easy and fun to carry out. This book will not only help you to conserve your food but also tell you about some simple and yummy recipes that are made by pickling and fermenting the foods. You will have a chance to try some new recipes that will not only add into your cooking menu but once you learn the spirit of preserving, I am sure you'll find them much easier and enjoyable to make.

In this book, you will learn:

- Preserving is fun
- Veggie pickling
- Fruiti pickles
- Pickling seafood
- Tips while pickling

Book Two: Food Fermentation for Beginners: Step-by-Step Fermentation Guide for Tasty Vegetables Year-Round

If you have ever wished that you could somehow have all of summertime's vast range of tasty and colorful vegetables for your table year-round, you actually can! This is a beginner's guide for countertop fermentation of vegetables of all types. Contrary to canning, which requires heating and cooking foods to preserve them for a long period of time, countertop fermentation keeps your garden fresh vegetables in and an enhanced raw state. Enhanced? Yes, fermentation enhances probiotic content, creating more gut- and immune-health benefits for you from your vegetables.

In this book, you will learn:

- the health benefits from your countertop fermented vegetables
- what you need to easily start fermenting raw, garden-fresh vegetables today
- how to know when the fermentation process is complete
- a little bit about the science behind fermentation
- a few basic recipes for fermenting vegetables with herbs and spices to get you started

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From reader reviews:

James Shafer:

Spent a free the perfect time to be fun activity to complete! A lot of people spent their leisure time with their family, or their very own friends. Usually they accomplishing activity like watching television, about to beach, or picnic inside park. They actually doing same thing every week. Do you feel it? Do you wish to something different to fill your own personal free time/ holiday? Can be reading a book might be option to fill your free time/ holiday. The first thing that you will ask may be what kinds of publication that you should read. If you want to try look for book, may be the book untitled Pickle Up Box Set: Simple and Quick Preserving, Fermenting, and Canning Recipes All in One! (SHTF Stockpile Guide) can be great book to read. May be it is usually best activity to you.

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Jimmie Houck:

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