

Dying Well: Peace and Possibilities at the End of Life

Ira Byock MD



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Dying Well: Peace and Possibilities at the End of Life Ira Byock MD From Ira Byock, prominent palliative care physician and expert in end of life decisions, a lesson in *Dying Well*.

Nobody should have to die in pain. Nobody should have to die alone.

This is Ira Byock's dream, and he is dedicating his life to making it come true. *Dying Well* brings us to the homes and bedsides of families with whom Dr. Byock has worked, telling stories of love and reconciliation in the face of tragedy, pain, medical drama, and conflict. Through the true stories of patients, he shows us that a lot of important emotional work can be accomplished in the final months, weeks, and even days of life. It is a companion for families, showing them how to deal with doctors, how to talk to loved ones—and how to make the end of life as meaningful and enriching as the beginning.

Ira Byock is also the author of *The Best Care Possible: A Physician's Quest to Transform Care Through the End of Life.*

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