



# **My Father's Heart: A Son's Reckoning with the Legacy of Heart Disease**

*Steve McKee*

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On an autumn night in 1969, John McKee had a heart attack—an event that would end his life, and change his son Steve's forever. With heart disease being the number one cause of death among Americans, *My Father's Heart* is an extraordinary story of an all-too-ordinary scenario: A father dies, a son remains, and the loss casts a long shadow across a generation. Chronicling the disorienting first days following John McKee's death, this powerful memoir of love, forgiveness, and finding oneself is rich in evocative details of time, place, and family.

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