



Out of the Darkness

Tina Nash

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It was the case that shocked the nation. On the evening of 20 April 2011, Tina Nash's life changed forever. After suffering months of beatings and domestic abuse at the hands of boyfriend Shane Jenkin, she was subjected to a barbaric and prolonged attack during which Jenkin beat her unconscious and gouged out both her eyes. When he was jailed in May 2012, people struggled to comprehend the scale of the violence endured by this mother of two at her home in Cornwall. In *Out of the Darkness*, Tina tells her full story - of what life with a violent partner is really like and how she survived 12 hours of sustained and unimaginable violence in her own home. Learning to adjust to life without her sight, Tina speaks bravely about how her children have given her the courage to keep going, and how - step by careful step - she is learning to live again. With statistics on domestic violence rising, Tina's incredible memoir of survival makes for essential reading.

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Chris Henderson:

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