



Bliss 101: A Pocket Guide for Finding Bliss and Freedom

Carole Prism

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What you believe forms your world. Your intuition may be telling you to go in an unknown direction. Your choices and instincts may disagree with professional advisers and friends. What and whom do you trust? In our modern, time-stressed society, it is all too easy to think: I can't. It will never happen. It is not within my range. Bliss 101 takes you out of your day-to-day chaos and pulls you into a world where you are the individual that matters. Ask yourself: what do you really want from life? Carole Prism can help you get it. With Bliss 101 as your primer, you can turn your dreams into a reality. This breezy pocket guide of wisdom contains stories, questions, and most important, answers. Prism gently nudges you out of the fast lane and into the world of bliss. And before you know it, you will be saying: I can. It will happen. It is within my range.

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