



I met my Soul in a Coffee Shop

Louise Gilbert

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I met my Soul in a Coffee Shop Louise Gilbert

Louise appeared to have had it all; a job with prospects in the city, a good marriage, and a loving relationship with her stepdaughter. Struggling to come to terms with her inability to conceive a child and lack of purposeful direction, she demanded in a final desperate bid that God, the one from Sunday school, reveal His plan for her life. *I met my Soul in a Coffee Shop* is an unforgettable and extraordinary story of an ordinary woman. For those of you who seek answers, prepare to never see yourself or your life in the same way again. Are you a spiritual life coach or serving others by assisting in the realisation of life's true purpose? In this ground-breaking book, Louise takes the reader on a journey of self-discovery going deep within her own soul and returning with a spiritual framework for the discovery of life purpose. An experiential reference guide and life coaching toolkit that should be on the bookshelf of every spiritual practitioner.

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