



# Innovative Mental Health Interventions for Children: Programs That Work

*Steven I Pfeiffer, Linda A Reddy*

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Children and families are in increasing need of mental health services that are more effective and less costly. Are you prepared to make this happen? This vital book for clinical psychiatrists and trainers examines uniquely successful prevention programs addressing the most challenging mental health problems in children. In it, leading authorities in child and family mental health provide compelling descriptions of these model prevention programs, which are clinically proven and cost-effective. Each chapter describes an internationally recognized program, including program mission and goals, key treatment ingredients, logistical and operational considerations, evaluation data, and replicability/transportability considerations. With *Programs That Work: Innovative Mental Health Interventions for Children*, you will explore insightful, expert examinations of:

- an interpersonal cognitive problem-solving program that can reduce and help prevent high-risk behaviors in young children
  - a video-based program aimed at reducing substance abuse and behavioral problems in young adolescents
  - the Teaching-Family Model (TFM) which stresses the importance of a positive family environment for children and adolescents with emotional/behavioral problems in residential treatment centers
  - a set of school-based intervention programs for parents, teachers, and children ages 3--10 which can help reduce or prevent conduct problems and drug abuse in children
  - MST (multisystemic therapy) programs aimed at juvenile offenders and youths who abuse substances-- people who are not typically compliant with treatment programs
  - the Anger Coping Program which can improve the social/cognitive skills of aggressive children
  - aggression replacement training which combines skill streaming, anger control, and moral education to prevent aggression in adolescents
  - multidimensional treatment foster care for adjudicated youth
- The programs and interventions you will find in *Programs That Work: Innovative Mental Health Interventions for Children* address a great variety of serious emotional problems in children and adolescents, and emphasize the importance of an ecological and multi-systems approach to treatment. Explore them and choose what will work best for the children and families in your community!

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Spent a free a chance to be fun activity to do! A lot of people spent their down time with their family, or their own friends. Usually they undertaking activity like watching television, going to beach, or picnic within the park. They actually doing same task every week. Do you feel it? Will you something different to fill your current free time/ holiday? Could possibly be reading a book could be option to fill your free of charge time/ holiday. The first thing that you will ask may be what kinds of publication that you should read. If you want to try look for book, may be the reserve untitled Innovative Mental Health Interventions for Children: Programs That Work can be excellent book to read. May be it might be best activity to you.

#### **Maria Green:**

This Innovative Mental Health Interventions for Children: Programs That Work is great guide for you because the content that is certainly full of information for you who have always deal with world and still have to make decision every minute. This kind of book reveal it information accurately using great arrange word or we can claim no rambling sentences within it. So if you are read the item hurriedly you can have whole info in it. Doesn't mean it only provides straight forward sentences but tough core information with beautiful delivering sentences. Having Innovative Mental Health Interventions for Children: Programs That Work in your hand like finding the world in your arm, data in it is not ridiculous just one. We can say that no e-book that offer you world inside ten or fifteen moment right but this e-book already do that. So , this is good reading book. Hi Mr. and Mrs. busy do you still doubt in which?

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