



# How to Release Your Burdens

*Dr. Charles F. Stanley*

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# How to Release Your Burdens

*Dr. Charles F. Stanley*

## **How to Release Your Burdens** Dr. Charles F. Stanley

Need to heal a heavy heart? Though the causes of burdens are diverse, they afflict everyone. Heaviness descends upon your soul and weighs you down emotionally, mentally, and spiritually-robbing you of the abundant life and joy God's promised you.

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