



## The Active No Contact Rule: How to Get Your Ex Back and Inspire Their Love and Affection

Clay Andrews

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### The Active No Contact Rule

### How to Get Your Ex Back and Inspire Their Love and Affection

Breakups are never easy. It doesn't matter if you were together for a few weeks, or a few decades. When a relationship ends, it can be excruciating.

You can't sleep. You can't eat and you can barely listen to music anymore. You miss them.

And now you want your ex boyfriend or ex girlfriend back.

### If you are interested in saving your relationship and getting back together with the person you love, then this book is for you.

Most people have heard of "the no contact rule" for getting your ex back. However, there are quite a few problems with the conventional no contact rule that you may have heard about else where.

This book is a **refreshing new look at how you can make the no contact rule more effective** at getting your ex back and saving your relationship.

Whether you've tried the traditional no contact rule before with disappointing results, or you've never even heard of the no contact rule, inside this book, you'll learn:

Why traditional no contact is so ineffective at helping you get your ex back

What it really takes to get your ex back

What you can do to take the whole no contact process from a passive endeavor into a more active action plan that is more likely to get you results

Why doing the most counter-intuitive thing in the world could actually save your relationship +Plus much more.

### **Bottom Line:**

If you're ready to start taking action and doing whatever it takes to get your ex boyfriend or ex girlfriend back and crafting a better and healthier relationship with them, this book is for you.



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