



# What I Want Next: 30 Minutes to Reveal Your Future

*Cathy Bonner*

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## **What I Want Next: 30 Minutes to Reveal Your Future** Cathy Bonner

What I Want Next is a powerful tool to help you articulate the future you imagine. At its core is the written PROCESS that takes only thirty minutes to complete. It enables you to target your authentic goals based on your strongest personal values. Cathy Bonner used the PROCESS to change her life. To demonstrate the value of this simple, quick and remarkable aid, Bonner writes about the other people who have used the PROCESS and shows how it made a lasting difference in their lives. What is a life worth living? Are you living it now? Or are you living as if you were riding bumper cars at the fair? A bumper car life is one where you go from experience to experience with no clear path ... just running or being pushed into whatever is in front of you. If you have thirty minutes, a pencil and a watch, you can discover the common theme of your desires. You can see how you can live a life of your own dreams and design. As Eleanor Roosevelt said, "The future belongs to those who believe in the beauty of their dreams." --- from book's back cover

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