



Have a New You by Friday: How to Accept Yourself, Boost Your Confidence & Change Your Life in 5 Days (CD-Audio) - Common

Read by Wayne Shepherd By (author) Dr Kevin Leman

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Listeners will come to accept the truth about themselves, boost their confidence by identifying the lies they're telling themselves and putting them to rest for good, and change their lives by concentrating on becoming who they really want to be.

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