



# **The High-Conflict Custody Battle: Protect Yourself and Your Kids from a Toxic Divorce, False Accusations, and Parental Alienation**

*Amy J. L. Baker PhD, J. Michael Bone PhD, Brian Ludmer BComm LLB*

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Is your ex-spouse trying to gain custody of your kids? Has he or she launched a campaign to make you look like a bad parent, both in the eyes of your children and the law? You aren't alone. Unfortunately, high-conflict custody battles are all-too-common in today's world. So how can you arm yourself with the mental and legal resources needed to survive this difficult time and keep your kids safe?

In *The High-Conflict Custody Battle*, a team of legal and psychology experts present a practical guidebook for people like you who are engaged in a high-conflict custody battle. If you are dealing with an overtly hostile, inflammatory, deceitful, or manipulative ex-spouse, you will learn how to find and work with an attorney and prepare for a custody evaluation. The book also provides helpful tips you can use to defend yourself against false accusations, and gives a realistic portrayal of what to expect during a legal fight.

Going through a divorce is hard, but going through a custody battle can feel like war. Don't go in unprepared. With this book as your guide, you will be able to navigate this difficult process and learn powerful skills that will help you maintain a healthy relationship with your kids, fight unfair accusations, and uphold your rights as a parent.

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