



Baby 411: Clear Answers and Smart Advice for Your Baby's First Year

Denise Fields, Ari Brown


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Babies need some serious handholding, but parents do, too — especially first-timers. Baby 411 addresses the need for guidance on pediatric medical issues with reliable and reassuring information. Ari Brown draws on her work as a full-time pediatrician and mother, and Denise Fields brings her practical experience as the mother of two boys to this thorough guide to baby's crucial first year. The authors cover a wealth of topics, including what to ask at a prenatal visit, accurate vaccine information and antibiotic resistance, the latest American Academy of Pediatrics guidelines, circumcision, secrets of sleep, autism, and more. It helps modern parents make educated decisions on breastfeeding, supplemental newborn screening, and new vaccines. The book empowers parents with the medical information they need to become not only good parents but good partners in their child's health.

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