



Counseling Strategies that Work! Evidence-based Interventions for School Counselors

Richard D. Parsons

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***Counseling Strategies that Work* targets the unique, day-to-day problems encountered by today's school counselor and provides a new perspective on treatment selection.**

This text is an anthology of intervention strategies that are rooted in scientific evidence supporting their effectiveness when applied to the day-to-day “problems” confronting today’s school counselor. It is an excellent source for counseling techniques courses or as a reading assigned as part of their field placement experiences, as well as a useful reference text for all those currently employed as school counselors. Every chapter provides a blending of theory, practice and guided, personalized application. The content is broken down succinctly, beginning with a brief introduction to the nature of the problems being addressed before delving into a detailed presentation with case illustration of the application of an intervention strategy.

Each chapter includes:

- A brief introduction to the nature of the problems being addressed.
- Precis of sample research supporting a specific intervention technique.
- Detailed presentation with case illustration of the application of the intervention strategy.
- A listing of clinical recommendations for direct application.
- A list of web based and literature based resources of additional material.

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