



138,336 Feet to Pure Bliss: What I Learned about Life, Women (and Running) in My First 100 Marathons

Dane Rauschenberg

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Dane Rauschenberg made his mark on the running world as the man who ran 52 marathons in 52 consecutive weekends. As an extreme athlete who has also run a 202-mile relay solo and completed a 350-mile run up the coast of Oregon, he doesn't just know running, he has explored it to the deepest reaches of its mental, physical and emotional boundaries. In *138,336 Feet to Pure Bliss*, Dane chronicles his first 100 marathons and details some of the premiere races in marathon history, all while sharing knowledge he gained about life, women and running. Along the way, he charts the highs and lows, the successes and failures, in a voice that blends wisdom, humor and heart. All told, Dane shows pure bliss is discovered one stride at a time.

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This book untitled 138,336 Feet to Pure Bliss: What I Learned about Life, Women (and Running) in My First 100 Marathons to be one of several books in which best seller in this year, here is because when you read this guide you can get a lot of benefit onto it. You will easily to buy that book in the book store or you can order it by way of online. The publisher in this book sells the e-book too. It makes you quicker to read this book, as you can read this book in your Mobile phone. So there is no reason for you to past this reserve from your list.

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