



## Stepping Stones to Success

*Paula Eder*

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## **Stepping Stones to Success** Paula Eder

Do you feel frustrated with the way you use your time?

Tired of watching your dreams take a back seat year after year?

Are you ready to make your goals into realities?

Want to live the moments of your life more fully?

Then you definitely want to discover Paula Eder's Secrets of Heart-Based Time Management by grabbing your very own copy of Stepping Stones to Success the new book that features Paula with other heart-based experts like Deepak Chopra, Jack Canfield, and Dr. Denis Waitley!

Stepping Stones to Success is chock full of exclusive interviews with a really amazing group of heart-based experts - and I am so pleased to be included among them! In my chapter, Secrets of Heart-Based Time Management, I share my proven system for harnessing the power of your mind, your body and your spirit to help you identify and prioritize your goals and create your path for achieving them.

I am so excited to offer this unique and actionable information to you! *Often a great deal of energy is bound up in people's unresolved questions about what is truly most important. It takes courage, compassion, and persistence ... But as my clients work toward finding their unique answers, and as central priorities emerge, an enormous amount of vitality is released! People report that they feel 'more like themselves,' and of course this is very inspiring.*

Covering proven strategies on time management, success, life balance, and spiritual health, these in depth interviews provide practical and heart-based ideas to get you moving as you embrace yourself and your own uniqueness!

In addition to my chapter, you'll enjoy thought-provoking chapters from:

Jack Canfield, expert on self-esteem and peak performance, and co-author of the Chicken Soup for the Soul series.

Dr. Denis Waitley, bestselling author of Seeds of Greatness, Being the Best, Empires of the Mind ... and many other excellent books.

Deepak Chopra, sage, physician, writer and speaker who has been described by Time Magazine as the 'poet-prophet of alternative medicine';

Lynn Jeffress, coach, organizational consultant, and Founder and President of Imagined Future, Inc.

Rick Miller, founder of Choices and Success and an experienced business leader whose work focuses on Enlightened Living and Enlightened Leadership.

And much, much more!

Stepping Stones to Success is a must read for those who want to learn from some of the most knowledgeable and innovative thinkers of our time.

Here you will discover:

New ideas about how to enrich your personal and work life.

Exactly what you need to unleash your creativity.

How to access the amazing possibilities you hold inside.

What is truly important for you.

**How? By helping you:**

Unleash your untapped energy and potential;

Recognize and resolve the old 'scripts' that hold you back; and

Achieve success through actionable goals.

*It is a back and forth journey. You travel inward to align your values into a hierarchy of priorities. Then you apply those priorities as time choices to your daily life. As you do this over and over, you develop a congruence/ steadfastness that is deeply satisfying.*

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#### **Bobby McCabe:**

With this era which is the greater individual or who has ability to do something more are more special than other. Do you want to become among it? It is just simple approach to have that. What you have to do is just spending your time little but quite enough to possess a look at some books. On the list of books in the top checklist in your reading list is usually Stepping Stones to Success. This book that is certainly qualified as The Hungry Inclines can get you closer in turning out to be precious person. By looking right up and review this e-book you can get many advantages.

#### **Dawn Fernandez:**

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