



Bio-Touch: Healing with the Power in Our Fingertips

Debra Schildhouse

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With just two fingers from each hand, the healing process can begin. *Bio-Touch: Healing with the Power in Our Fingertips* is the story of the scientifically-proven, touch-based healing technique proven to alleviate pain, stress, the symptoms of disease, and depression.

Debra Schildhouse, an initial skeptic, is drawn to Bio-Touch after feeling helpless to do anything for her daughter's agonizing headaches from viral meningitis. Her search for a method to heal other's physical pain gradually becomes an inner journey of personal healing as she opens her mind, expands her self-awareness, and eventually becomes a certified instructor and practitioner of Bio-Touch.

In tandem with her own story, Schildhouse recounts Bio-Touch founder Paul Bucky's story, following the many twists and turns his spiritual path takes him from childhood to adulthood and finally to the discovery of Bio-Touch. Throughout the narrative Schildhouse relates miraculous stories of healing. Touching and often funny, *Bio-Touch* draws together the many invisible bonds of the universe linking us all together.

BIO-TOUCH is made up of seventeen sets of points, each designed to address a particular condition by encouraging the body's natural healing abilities. It is a complimentary therapy that can be used in conjunction with mainstream medicine. Ability to pay is not a criterion for receiving sessions and it is easy to learn?no special talents or beliefs are required. *Bio-Touch* comes with several diagrams illustrating how to find correct "touch points" on the body.

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