



# The Essential Guide to Aromatherapy and Vibrational Healing

Margaret Ann Lembo

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Improve your life and enhance your healing practice with *The Essential Guide to Aromatherapy and Vibrational Healing*, an A-to-Z guide to sixty essential oils and their corresponding vibrational elements. Renowned author Margaret Ann Lembo shows you how to achieve physical, spiritual, and emotional balance using a variety of vibrational tools, including:

- Flower Essences
- Gemstone Essences
- Chakras
- Divine Messengers
- Zodiac Signs
- Planets
- Colors
- Numbers
- Animals
- Holy Water

Discover how different oils can be combined with the power of intention to create and maintain positive change in your life. Learn how aroma-energetic practices support your journey to self-awareness and well-being. Outlining detailed information on all sixty essential oils—from therapeutic properties and fragrances to complementary essences and interesting tidbits—this comprehensive book provides everything you need to heal, transform, and evolve on every level.

#### Praise:

"[This] is absolutely the best book I've read on the topic. It's all here—and more."—Cyndi Dale, author of *The Complete Book of Chakra Healing* 

"An off-the-charts, must-have resource to have in your home. With such clean style and grace, she reviews the history, the mystical, and all practical applications of essential oils . . . AMAZING!"—Joan Ranquet, author of *Energy Healing for Animals* 



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