



# Creating a Life Worth Living

*Carol Lloyd*

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## Creating a Life Worth Living Carol Lloyd

Dreaming is easy. Making it happen is hard. With a fresh perspective, Carol Lloyd motivates the person searching for two things: the creative life and a life of sanity, happiness and financial solvency. *Creating a Life Worth Living* is for the hundreds of thousands of people who bought Julia Cameron's *The Artist's Way*, but who are looking for more down-to-earth solutions and concrete tasks for achieving their goals.

*Creating a Life Worth Living* helps the reader search memory for inspiration, understand his or her individual artistic profile, explore possible futures, design a daily process and build a structure of support. Each of the 12 chapters, such as "The Drudge We Do For Dollars" and "Excavating the Future," contains specific exercises and daily tasks that help readers to clarify their desires and create a tangible plan of action for realizing dreams. The book also provides inspiring anecdotes and interviews with people who have succeeded in their chosen fields, such as performance artist Anna Devere Smith, writer Sally Tisdale and filmmaker R. J. Cutler.

The pursuit of one's dreams is one of the great joys in life but also one of the most terrifying. *Creating a Life Worth Living* is an invaluable road map for this journey, guiding readers as they take the first tentative steps that are necessary before they can fly.

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#### **Mary Tobin:**

Spent a free a chance to be fun activity to do! A lot of people spent their leisure time with their family, or their very own friends. Usually they accomplishing activity like watching television, likely to beach, or picnic inside the park. They actually doing same every week. Do you feel it? Do you need to something different to fill your free time/ holiday? Could possibly be reading a book may be option to fill your free of charge time/ holiday. The first thing you will ask may be what kinds of e-book that you should read. If you want to try out look for book, may be the guide untitled Creating a Life Worth Living can be excellent book to read. May be it may be best activity to you.

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