



# **RX for Joy...365 Gratitude Affirmations: Take One Daily**

*Clancy Blakemore, Dr Clancy Blakemore*

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Can gratitude really make a difference in your life?

Yes! With gratitude affirmations taken daily, you change your thinking and feelings and experience a richer life, greater joy, harmony and sense of well-being. You are worth it!

Rx for Joy is a delightful and inspirational tool. Access your higher self and expand your perspective with these empowering affirmations.

Taking one gratitude affirmation a day is like taking a Spiritual Vitamin; your mind and emotions get healthier and your body responds in a more harmonious way. After reading these gratitude affirmations for a number of months, a friend said "I'm surprised how many different things I'm really grateful for!"

Rx for Joy has weekly statements of spiritual realization which set the tone for that week. The 365 daily gratitude affirmations were originally written as a gift for family and friends. Now you can be one of those "friends" and reap the benefits!

Rx for Joy reminds you every day you are worthy as a precious, unique, spiritual being having a human experience. An attitude of gratitude raises the altitude of your perspective and your life experience will be enriched.

Experiment! Try it out! Discover, focus, affirm and use the power that you are...one daily affirmation at a time.

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#### **Pedro Dillon:**

The book untitled RX for Joy...365 Gratitude Affirmations: Take One Daily contain a lot of information on it. The writer explains the girl idea with easy way. The language is very straightforward all the people, so do definitely not worry, you can easy to read that. The book was written by famous author. The author provides you in the new period of literary works. You can actually read this book because you can keep reading your smart phone, or product, so you can read the book throughout anywhere and anytime. If you want to buy the e-book, you can open their official web-site as well as order it. Have a nice learn.

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