



# The Big Rewind: A Memoir Brought to You by Pop Culture

*Nathan Rabin*

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## **The Big Rewind: A Memoir Brought to You by Pop Culture** Nathan Rabin

Nathan Rabin viewed pop culture as a life-affirming form of escape throughout his childhood and adolescence. As an adult, pop culture became his life. Head writer for *A.V. Club* for more than a decade, Rabin uses specific books, songs, albums, films, and television shows as springboards for dissecting his Dickensian life story in his acclaimed memoir *The Big Rewind*.

Rabin writes movingly and hilariously about how pop culture helped save him from suicidal despair, institutionalization, and parental abandonment during a childhood that sent him ricocheting from a mental hospital to a foster home to a group home for emotionally disturbed adolescents. A fun book about depression, *The Big Rewind* is ultimately a touching narrative of a motherless child's search for family and acceptance, and a darkly comic valentine to Rabin's lovable, hard-luck dad.

With comic dissertations on everything from *The Simpsons* to *The Great Gatsby*, and from *Grey Gardens* to Dr. Dre, *The Big Rewind* chronicles Rabin's improbable yet all-too-true journey through life, and its fortuitous intersections with the dizzyingly wonderful world of entertainment.

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